

# Building Connections:

## A Restorative Question Guide

Sample questions to elicit interests, goals, dreams & strengths

### Daily Life & Interests

What does this young person enjoy?

- What do you like to do on a sunny day?
- What do you do or like to do in your free time?
- What is your favorite subject in school?
- What is your favorite...?
- What do you like to do after school?
- What do you watch on TV? Movies? Music? - What does it mean to you?

### Identity & Self-Worth

How does this young person see themselves?

- What do you like best about yourself?
- When do you feel at your best?
- What is the nicest thing you have ever done?
- How do you think your friends would describe you?
- What do you like to do to make yourself feel good about yourself?
- Tell me something you could teach someone else.
- Which animal would you want to be? Why?

### Relationships & Community

Who matters to this young person?

- Who do you admire?
- Who do you look up to?
- Tell me about three people you care about.
- If you could go on vacation, who would you bring?
- Parents - What are you most proud of?

### Goals, Dreams, & The Future

What do you think you will be doing in a year? In 5 years?

- What do you want to do with your life?
- Where do you want to go with school?
- Where would you like to go?
- Describe the type of person you want to see working here.



Tip: Use a conversational style. Keep it a two-way communication to build trust and genuine connection.